

KIDS FAVOURITE COOKING SHOW NOW A COOKBOOK!



FUN!

"Your tips are fabulous. I've learnt a lot from the tips you give us..." Chana (10 years)



QUICK!

"I sometimes find myself dishing out the same kind of food. The thing I like most about your show is that it's simple and healthy..." Kirsten (single parent)

"Hi TK! I loove to cook, it's my favourite thing. My mum always quotes after my cooking that it's better than hers! I watch your show every day for new ideas..." Jarad (12 years)

"My mum and I made your CKC fruit kebabs. We ate them all and they were delicious!" Pheonix (10 years)

"Every parent should watch and take note. What healthier kids we would have." Desley (parent)

"I'm a mum who watches your show with my 5 year old daughter. Your recipes are easy to follow, and simple meals". Lu and Stevinee (parent and daughter)

DELICIOUS!



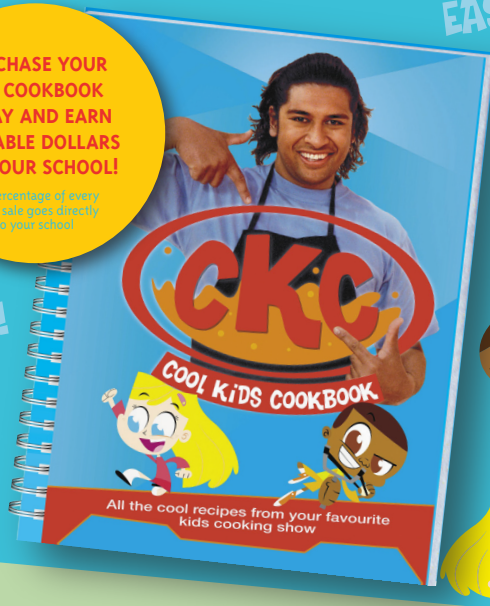
Packed with healthy recipes that are simple to prepare and kids love to eat!

This colourful, lively cookbook encourages kids to put aside junk food, become competent in the kitchen, informed about nutrition and have great fun cooking! Each recipe has been approved by the Auckland Regional Health Dietician, so parents can be assured the recipes are balanced and nutritious!

EASY!

PURCHASE YOUR CKC COOKBOOK TODAY AND EARN VALUABLE DOLLARS FOR YOUR SCHOOL!

"a percentage of every book sale goes directly to your school"



TASTY!

Send your order to Top Shelf Productions, PO Box 8257, Symonds St, Auckland. Ph (09) 377 8774, Fax (09) 377 0433

Title: Cool Kids Cookbook			First Name: _____	
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